

Yours are the hands, with which Christ blesses all the world.

- ST. TERESA OF AVILA



2018
JUST 5 DAYS

A Catholic
HANDS-ON
Youth Mission!
JUST FOR MIDDLE SCHOOL YOUTH



JUST 5 DAYS

2018 THEME

Solidarity

WE ARE ONE BODY IN CHRIST



is a week-long mission experience of hands-on service, faith learning, prayer, community building, and summer fun.

 **FAITH** is the heart of **JUST5DAYS**. Our theme this summer is inspired by the catholic social teaching principle of solidarity and the scripture passage 1 Corinthians 12:27 “Now, you are the Body of Christ!”

 **SERVICE** during **JUST5DAYS** places youth in direct, hands-on work that meets real needs of a local community. Our service sites include working with the elderly, those with disabilities, low income families, community soup kitchens, or assisting various nonprofit charitable organizations.

 **PRAYER** begins and ends each day of **JUST5DAYS**. In every community prayer service, there are opportunities for youth to have leadership roles by proclaiming the Word and by sharing their voices in song. Our week of service culminates with a celebration of the Liturgy of the Eucharist.

 **COMMUNITY** within **JUST5DAYS** is fostered through age appropriate activities, group discussions, and simulation games. By their direct service out in the community, youth will also gain a better understanding of socioeconomic and cultural diversities.

 **CATHOLIC** is who we are! **JUST5DAYS** promotes the principles of our Catholic faith and the teachings from Sacred Scriptures, Pope Francis, and other holy men and women who have heard the call to follow Jesus and serve with love.





encourages youth to grow in discipleship with Jesus by connecting service work with the teachings and prayers of their Catholic faith.

PARTICIPANTS

JUST5DAYS is open to youth entering 7th, 8th, or 9th grades who register as a member of a parish or school team. All teams must have 1 adult (21 years of age or older) for every 5 youth registered.

NO TEAM IS TOO SMALL

1 adult with 3-5 youth can register as a team!

YOU WON'T GET LOST IN A CROWD!

We intentionally keep our max registration size to smaller numbers to ensure quality personal attention for each team.

REGISTER YOUR GROUP!
CALL NANCY AT 253-853-5422

COST

\$290 / PARTICIPANT

Price includes:

- Lodging & Nutritious Meals
- Professional Program Leaders
- Educational Activities & Learning
- Pre-Organized Service Sites
- Daily Community Prayer Services
- **JUST5DAYS** T-Shirt

Teams must provide their own transportation to and from service sites.

FOR MORE INFORMATION,
DOWNLOADABLE BROCHURE,
AND AVAILABLE LOCATIONS:

JUST5DAYS.ORG

QUESTIONS: SUSAN@CMDNET.ORG

The Center for Ministry Development also provides a service and mission experience designed for high school youth.

YOUNG NEIGHBORS IN ACTION offers great service opportunities, dynamic faith learning, and engaging prayer experiences.

YOUNGNEIGHBORS.ORG

2018 PROGRAM SITES & DATES

PLEASE VISIT OUR WEBSITE FOR ADDITIONAL SITES AND LOCATIONS NOT LISTED BELOW:

APPLETON, WI

6/25 - 6/29

BENTON, TN

6/25 - 6/29

DAVENPORT, IA

7/23 - 7/27

GLENDALE, CA

6/18 - 6/22

HALES CORNER, WI

6/18 - 6/22

HILLSBORO/PORTLAND, OR

6/25 - 6/29

HONOLULU, HI

6/25 - 6/29

JACKSONVILLE, FL

6/18 - 6/22

KANSAS CITY, MO

6/25 - 6/29

LAS VEGAS, NV

6/25 - 6/29

RIO GRANDE VALLEY, TX

6/18 - 6/22

SACRAMENTO, CA

7/9 - 7/13

SAN LUIS, CO

TBA

SARASOTA, FL

6/11 - 6/15

SPRINGFIELD, MA

7/16 - 7/20

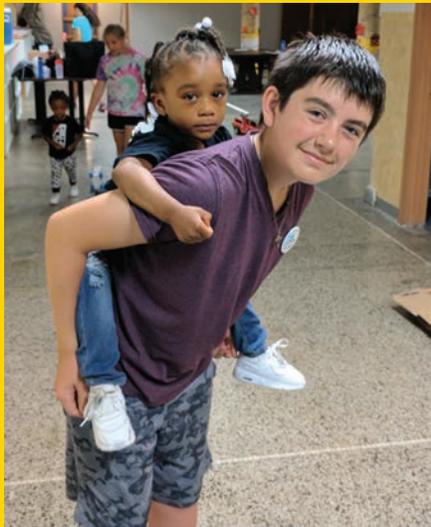
ST. JOSEPH, MI

7/9 - 7/13

WACO, TX

7/16 - 7/20





JUST5DAYS.ORG

LET US HELP YOU PREPARE FOR YOUR MISSION TRIP...

We provide personalized support, pre-trip materials, and everything you need to plan for a powerful, transformative mission week. During **JUST5DAYS**, you will have opportunities to serve side-by-side, participate in small group discussions, and pray with your middle school youth. Relax and let our experienced staff provide a quality learning environment so you can spend time where it really matters – with your youth!

OUR PROGRAMING IS EDUCATIONAL, PARTICIPATORY, AND FUN!

After a day of serving in the community, **JUST5DAYS** participants spend their evenings learning and playing through simulation games, group time, and creative projects. Each morning and evening youth are invited into leadership roles in our prayer services by proclaiming scriptures and sharing their voices in song.

A community celebration of the Eucharist and team blessing are offered on the last day.

EMAIL NANCY@CMDNET.ORG and receive a registration packet with information to register and get your mission trip started.

PROGRAM SCHEDULE

- 8:00am** Breakfast
- 9:00am** Morning Prayer
- 10:00am** Work at Service Sites
- 3:30pm** Shower and Relax
- 5:00pm** Team Time
- 5:30pm** Dinner
- 7:00pm** Evening Program
- 8:30pm** Evening Social
- 9:30pm** Evening Prayer
- 10:30pm** Good Night!

TESTIMONIALS

“Just5Days is a great opportunity for middle schoolers to learn and live in community, serve and focus on their faith. My youth always leave with a better understanding of Catholic social teaching and they really enjoy their week.”

– Cynthia, 2017 Adult Participant

“Just5Days was inspiring because we volunteered in the community and got to witness youth from around the country coming together to sing, pray, and serve. I made some great memories!”

– Faith, 2017 Youth Participant



   The Center for Ministry Development is a trusted leader in providing ministry training and resources nationally for over thirty eight years. **CMDNET.ORG**