

CYM CROSS COUNTRY
MEET INFORMATION

Holy Cross Invitational

Day of Meet: Saturday

Date of Meet: September 15, 2012

Location: Brecknock State Park

Directions to Location: Take route 1 or route 13 south to Dover. Once in Dover move to the right lane and stay there. Continue south on route 13 past DSU which is on your right and past the Home Depot which will be on your left. Continue on until you come to the Rt. 13/Rt.113 split. Remember to stay in the right lane. Veer right onto Rt. 13 south and stay in the right lane. Continue on through the intersection with State Street. Soon after State Street you will see the Rodney Village shopping center on your right. After the very next light you will veer right. You will see Brecknock on your right and take the very next right into the park.

Map of Course: Same as last year.

Distance of JV Meet: 1.2 miles

Distance of Varsity Meet: 2.2 miles

Arrival Time: 8:00 AM

Time of jog through: 8:15 AM

Time of coaches meeting: 8:30 AM

Time of JV Races: Varsity Girls, Varsity Boys
JV Girls, JV Boys

Time of Varsity Races: V Girls then V Boys
V Girls 9:00 AM

Each runner will be given a card after they cross the finish line. Please print the runner's full name, team name, and grade on the cards and return your teams cards to the scorers table in the envelope provided.

Snack and drinks will be provided at the pavilion for runners at the conclusion of the race.

Fun Run: yes Ribbons will be awarded.

Start of Fun Run: After JV Boys race

Individual Awards: Top 15 in each race.

Team Awards: Top 3 teams in each race.

Name of Meet Director: Randy Delgado/Dr. Matthew Zink

Phone: (302) 735-7973 Cell: (302) 359-3240

E-Mail: rdelgado7382@verizon.net