

NFHS Concussions in Sports Course

The NFHS Concussion in Sports is free of charge and available to CYM coaches. Please follow the below steps to take this course.

WEB SITE – Go to the NFHS web site at www.nfhslearn.com

COURSES

- Once on the NFHS site, put arrow over Courses and you will see 5 different categories including “Free Courses”
- Under Free Courses, you will find Concussions in Sports – What you need to know
- A screen will show “Elective Course” and “Concussion in Sports - v2.0”
- Click “Please log in to order” button
- A pop up “Sign In Here”

SIGN-IN HERE

- If you do not have a User Name and Password, click the “Register Now” link under “New to NFHS Learn”
- Register as a New User page will appear
 - Under “Your Primary Position” Section, it is important to list CYM in the School District Block
 - Under “Your Primary Position” Section, it is important to list your team name and City/State in the “Full name of school, city, state” Block.
- On the next page, it will state your account has been created successfully. Click the here link to return to the home page.

REGISTER TO TAKE CONCUSSION IN SPORTS COURSE

- Return to the "Elective Course” and “Concussion in Sports – v2.0” page – SEE ABOVE COURSES
- As noted, this is a FREE course
- Click the “Order Now” button
- The “I am ordering the course for myself” button needs to be highlighted and then click the “Continue”
- The Concussion in Sports v2.0 should be showing in the left column and “Delaware” needs to be showing in the middle column. Click the Save Button, total should show \$0.00 and then click the “Checkout” button.

- The next page, click the Complete Purchase button
- The invoice will show the total amount as \$0.00.
- You can then click the Open Printable Version link if you want a hard copy of the invoice
- To move onto taking the course you will see “To access your course(s) please click here”

MY ACTIVE COURSES

- The next page, you will see (4) different tabs – one of which is “My Active Courses”
- You will see a section in with a Blue header showing titles Course Name, Release #, State, etc
- To the left of Concussion in Sports v2.0, you will find a “Begin” button

TAKING THE CONCUSSION IN SPORTS COURSE

- The NFHS Concussion In Sports Course took approximately 30 minutes
- You can stop at any point and pick up where you left off.
- It was very user friendly
- Material is presented in a way that is easy to understand and remember
- Resources section is available
- At the end of the presentation, there is a test with 11 questions that is easy

PRINTING CERTIFICATE

- Click the My Homepage /Courses link
- Click the My Completed Courses tab
- Under the Blue header you will see the Course Name, Release #, etc. At the end you will find Certificate. Under Certificate, click the View/Print button to print your certificate.

OTHER COURSE TO CONSIDER

- While the Concussion in Sports program is free of charge, please check this NFHS web site for additional courses.
- Courses that are fee include A Guide to Heat Acclimatization and Heat Illness Prevention, Engaging Effectively with Parents effectively, Sportsmanship, The Role of the parent in Sports, etc.
- NFHS also offers Sports Specific Courses in all CYM sports however there is a cost
- Under Effective Course, you will find Coaching Sports in Middle School, Teaching and Modeling Behavior and Teaching Sports Skills.