

FALL SPORTS

COED FLAG FOOTBALL (GRADES 2-4)

BOYS TACKLE FOOTBALL (GRADES 4-8)

COED FLAG FOOTBALL (GRADES 2-4)

COED SOCCER (GRADES 3-8)

GIRLS VOLLEYBALL (GRADES 4-8 & HS)

COED CROSS COUNTRY (GRADES 3-8)

CHEERLEADING (GRADES 3-8)

ELIGIBILITY

- Student in a Catholic Grade School
- Registered Parishioner in Catholic Parish or member of Religious Education program
- Live within geographical boundaries of Diocese of Wilmington (do not need to be Catholic)
- If your school or parish doesn't have the sport you are interested in, you can play!
- Registration will be required with CYM prior to participation

PRACTICES:

Can begin as early as August 14th

CYM SPORTS PROGRAM

FALL SPORTS



TACKLE FOOTBALL

- Open to Boys Grade 4-8
- League played at local high schools in Delaware (generally on turf fields)
- Games played on Sundays (Sunday after Labor Day to mid-November)
- Generally have athletic trainers on site for games
- Quality coaches with many years of experience
- Low registration fees & less travel compared to other programs

FLAG FOOTBALL

- This is a second year CYM program being offered for younger children (co-ed) grades 2-4.

SOCCER

- Co-ed program open to Grades 3-8
- League played at local fields in New Castle County
- Playoffs likely held at area Catholic High Schools
- Season games run from weekend after Labor Day through end of October
- Competitive soccer while having opportunity to play with friends from school/parish
- Low registration fees & less travel
- Athletes can manage travel soccer and CYM Soccer

GIRLS VOLLEYBALL

- Open to Girls Grade 4-8 and High School (cannot play for your HS and CYM)
- League played at local Catholic School or Parish facilities
- Playoffs likely held at area Catholic High Schools
- Season runs from weekend after Labor Day through 1st week of November.
- Divisions available for competitive volleyball to beginner volleyball
- Low registration fees & less travel
- Athletes can play club and CYM

CROSS COUNTRY

- Co-ed program open to students grades 3-8
- Meets held at area parks/schools in New Castle County.
- Meets generally held on weekends
- Season begins weekend after Labor Day and completes at end of October
- Low registration & equipment costs
- Experienced and inexperienced runners welcome

CHEERLEADING

- Girls grades 3-8
- Cheer at parish/school basketball and football games

QUESTIONS/REGISTRATION

Please contact CYM Office at:
302-658-3800
Catholicyouth@cdow.org
www.cdowcym.org

