

The 2023 Spartan Invitational XC Meet

Hosted by St John the Beloved and St. Mary of the Assumption

Date: September 17, 2023

Where: Saint Mark's High School

Meet Directors: Mark Hutton (302-345-9236) and Jen Besten (302-345-7751)

Arrival: 1:00PM

Walkthrough: 1:20PM

Coach Meeting: 1:45PM

First Race: 2:00PM

Race Order:

- 3rd and 4th Grade Girls
- 3rd and 4th Grade Boys
- 5th and 6th Grade Girls
- 5th and 6th Grade Boys
- Varsity Girls
- Varsity Boys

Course Distance:

- JV Course is 1.1 miles
- Varsity Course is 1.89 miles
- Course maps are below (note the arrows are reversed in error on the JV map around the rectangular field)

Finish Line Logistics:

- Runners will be handed a place card when they finish
- Please ensure that each runner's full name, gender, team name and grade are on each card
- Please return all cards in team envelope to Mark Hutton before leaving for the day to allow for results to be compiled and shared
- Waters and light snacks available for runners after the finish line

Awards:

- Medals will be awarded to ALL runners at the finish line
- (Note - you can let this be a surprise if you so choose)
- No awards ceremony or team awards

JV Course Map:



Varsity Course Map:

