

PILGRIMAGE 2012 PLANNING GUIDE

CATHOLIC DIOCESE OF WILMINGTON • CATHOLIC YOUTH MINISTRY



P I L G R I M A G E 2 0 1 2

SATURDAY, MARCH 31, 2012 • SABADO, MARZO 31, 2012

CATHOLIC YOUTH MINISTRY
Diocese of Wilmington



We Walk By Faith

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Pilgrimage 2012 Frequently Asked Questions

What is the Diocesan Pilgrimage?

Conceived originally when he was serving as Bishop of Harrisburg, PA, the idea of carrying a cross through the streets of town on the Saturday before Palm Sunday was the brainchild of William Cardinal Keeler, retired Archbishop of Baltimore. Bishop W. Francis Malooly, the Bishop of Wilmington, served as Auxiliary Bishop of Baltimore under Cardinal Keeler and participated for years in the diocesan pilgrimage in Baltimore. When he arrived in Wilmington, Bishop Malooly "carried" the idea up the road and invited the young people of the Diocese of Wilmington to consider beginning their own tradition of pilgrimage.

The pilgrimage is a chance for young people, specifically those in grades 6-12, their families, and young adults in the diocese to commemorate Jesus' triumphant entry into Jerusalem on Palm Sunday and his own pilgrimage to Calvary on Good Friday. During the pilgrimage, young people from parishes and schools take turns carrying the cross alongside Bishop Malooly.

The Pilgrimage Cross, a replica of the World Youth Day Cross (which was given to the young people of the world by Pope John Paul II in 1984), was constructed by members of the Youth Leadership Team and carried by the team at the opening liturgy of the One Spirit, One Church conference on March 1, 2009, where Bishop Malooly blessed the cross for its use in our communities.

On March 27, 2010, more than 400 youth and adult leaders carried the cross through the city streets of Wilmington in our diocese's first Youth Pilgrimage. In 2011, more than 700 youth and young adults attended. The third Diocesan Youth Pilgrimage is set for Saturday, March 31, 2012.

Who Should Attend?

Bishop Malooly and the staff of CYM invite all young people in grades sixth through twelfth to attend as well as young adults (age 18-35). As you put the details of your delegation together, please consider inviting the following: high school confirmation candidates, campus ministry teams, religion classes, scouts, youth group members, youth involved in justice and service, Hispanic youth and young adults, young adult faith sharing groups, college students.

All registration should happen ahead of time. The deadline is March 23, 2012. So that participants can get to know their diocesan neighbors - and so we know who is registered - all participants (adults and young people) will wear a name tag during the entire pilgrimage. Therefore, when you register a group, please be prepared to submit a list of names.

If you plan to attend as a family or individual (i.e., young adults), the same process is followed.

All those under 18 (or still in high school) registering as part of a parish group or attending as a family, must have a completed Form B (Parental Permission and General Liability Waiver). Group leaders will be responsible for collecting and keeping these documents. They will not be

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turned in to CYM. Please make sure you duplicate these documents and have each young person carry a copy of their own Form B with them during the Pilgrimage.

All adults serving as chaperones must be cleared for service according to the FSGC policies. Adults are also encouraged to fill out Form B and carry it with them in case of an emergency.

About the Pilgrimage

New for 2012, participants will gather at St. Thomas in Wilmington for registration and opening prayer. The pilgrimage will begin with a procession out of the church and down the block. From St. Thomas the cross will be carried to St. Anthony of Padua where participants will enjoy lunch (that they will pack and bring with them the day of the event) and a concert with Vallimar Jansen. While the concert is happening, pilgrims will be offered a chance to participate in the sacrament of Reconciliation. After the concert, the cross will be carried to St. Paul downtown where the pilgrimage participants will experience Eucharistic Adoration and Benediction. From St. Paul parish, we will turn the corner to St. Hedwig parish, also a new addition for 2012). Here we will experience the living Stations of the Cross. Finally, the pilgrimage proceeds to St. Elizabeth parish for the closing liturgy with Bishop Malooly.

Evening Activities

There are no evening activities in 2012. The lunchtime concert will be extended and the day's events will end after the liturgy at St. Elizabeth.

Official Pilgrimage Sweatshirts

Sweatshirts are available in advance of the Pilgrimage and the day of the pilgrimage for \$15. Contact Catholic Youth Ministry (302-658-3800) or catholicyouth@cdow.org to order your sweatshirt, which is grey with blue writing. Order early for best selection. All orders can be placed online.

About the Cost

The cost of the Pilgrimage is \$15 per person, including all adults. The maximum cost for a family is \$45 (must be three or more related individuals with the same last name). Monies collected helps CYM defray costs for permits, sound equipment, police, security, bottles of water, portable toilets, professional musicians, and any items each participant will receive (this year's giveaways includes a drawstring backpack and cross). One dollar of every pilgrim's \$15 payment is set aside for use as scholarships for those in our diocese who are in need but would like to participate. Scholarship forms can be found in the registration packet. Thanks to the generosity of St. Francis Hospital, CYM will not incur costs for having medical personnel present for the day (a requirement of such an event).

About Food

Food is not provided as part of the overall cost of the event, except to clergy and religious. Because this event is being held on parish grounds as well as city-owned property, CYM would have to acquire permits and inspections from the Health Department if we wanted to add food preparation and distribution to our time together. As a result, lunch will be a brown bag, self-serve experience, so please prepare your pilgrims accordingly.

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What Should Pilgrims Bring?

Every person participating in the Pilgrimage should wear comfortable walking shoes (the entire route is about 3 miles long), as well as layered clothing. Pilgrims should bring a rosary, a good, positive attitude and, of course, a lunch. Check the weather and dress appropriately because we walk rain or shine. Think about bringing (if appropriate) sunscreen, a rain poncho, gloves, hat, sunglasses.

Do not bring an iPod or MP3 players, headphones or any device that prevents you from interacting with others along the route. You will completely miss the point (and perhaps some important instructions) if you bring such items.

Cell phones are acceptable for limited use or in cases of emergencies. Please refrain from texting while walking. Remember, please, CYM is not responsible for lost or stolen items.

What Should Parents Know?

Parents are invited to participate with their young person. If there are younger children in the family, they are welcome to attend with the parents but, just like anywhere in public, they are the parent's responsibility and are not part of a parish group.

All young people in grades 6-12 must be part of a group or be accompanied by their parents. All young people below grade 6 may only attend if one or both parents attend. Anyone who attends must be able to complete the 3+ mile walk.

Parents of participants who are attending as part of a parish or school group should know that CYM will do everything in its power to keep young people safe. There is police presence at the event directing traffic and all adults serving as chaperones should have been cleared by the parish youth minister, director of religious education, or school principal for service with young people. This clearance involves the successful completion of a criminal background check, the review and signing of an adult volunteer covenant, and safe environment training by parish personnel. If you have any questions about the event or the adult leaders from your parish or school, please contact either CYM (302-658-3800) or your local parish/school contact.

About Parking

There will be no parking permitted at either St. Thomas parish (the beginning of the pilgrimage) or at St. Elizabeth parish (where the pilgrimage ends). CYM has arranged with the City of Wilmington for parking at Canby Park. Shuttle buses will take those parking at Canby Park to St. Thomas parish in the morning. More information can be found in the "Parking Information" section. Shuttle buses will begin at 9:15 am and run every fifteen minutes until 10:15 am.

Arriving by Bus

Please drop off your pilgrims on Bancroft Parkway in front of St. Thomas church and pick up your pilgrims on Clayton Street at either 6:30 pm (following the closing liturgy). Look for directional signs and volunteers directing traffic. During the day buses can be parked along Oak Street near Canby Park, just downhill from St. Elizabeth.



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What if I find a closer parking space?

By parking your car at St. Thomas the Apostle or St. Elizabeth church, you will steal a space from a parishioner who will be attending any events or the Saturday evening liturgy at the parish. This is strongly discouraged. There will be no shuttle buses running between St. Elizabeth and St. Thomas at the end of the day. Please cooperate with the plans we have in place.

Can my School or Parish carry a Banner or Sign?

This is strongly encouraged. Not only does it make finding each other at the end of the day - or throughout the day - easier, it is a great way to show your faith community's spirit. Please keep banners to no wider than four feet and carry-able by one person using one pole. Banners should be left in the vestibule of the churches we enter.

About Registration

All registration for 2012 is online. Visit the CYM online registration site (www.cdowcym.org). Chances are, the Pilgrimage will come up when you first reach the site, but if it does not, click "Events" and see the Pilgrimage listed as a featured event. All the links and resources you need to register are on that page.

There is also an order form online for ordering sweatshirts and an online form available if you would like to request scholarships.

Form B, which is required for all those under the age of 18, can be downloaded and handed out to participants.

Service Project

All pilgrims are asked to bring a pair of children's shoes (unworn) as part of our pilgrimage service component. These shoes will be gathered at St. Anthony parish at lunch and then delivered to Samaritan's Feet in Washington, DC. This organization will wash the feet of those young people receiving shoes and provide them free of charge to those most vulnerable in our nation's capitol.

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About Vallimar Jansen

Blessed with an extraordinary voice, Vallimar Jansen is a highly regarded singer, cantor and recording artist. She is also a college professor, a leader of worship and prayer and a workshop presenter at conferences across the United States.

Known especially for her work with gospel, contemporary Christian and gospel-jazz styles, she sings a wide range of music, including spirituals and traditional, organ-based choral music. In 2005 she released her first solo collection, *You Gotta Move*. Other recent projects include her stirring, gospel-style rendition of Jaime Cortez's classic "Rain Down" on the *Live It!* two-CD compilation.

Vallimar has a long history of singing sacred music, starting from the age of five. She received most of her training in music and performance from Howard University in Washington, D.C. She holds professional degrees in the arts from California State University, San Bernardino, and the University of California, Santa Barbara. She's got both experience and credentials!



She has sung and toured professionally throughout the United States, Switzerland, France, Germany, Belgium and Japan. She played the role of Beneatha with the Broadway touring cast in the European premier of *Raisin*. She went on to co-author a one-woman musical about the life of Ethel Waters that received a special commendation from the Kennedy Center in Washington, D.C.

Maybe you're familiar with her from one of the many liturgical and pastoral conferences she attends throughout the country. She has been the cantor for several jazz liturgies and closing liturgies at the Los Angeles Religious Education Congress. She has served as a cantor, principal vocalist, lector and workshop presenter at the San Jose Jazz Festival, the Sacramento Jazz Festival, NPM conferences, the National Encuentro Conference, the National Jubilee Justice Conference, the Los Angeles Liturgy Conference, the East Coast Conference, and many other major events.

She has also collaborated with some of the best-known songwriters and musicians in contemporary Catholic music, including Jaime Cortez, Bobby Fisher, Jesse Manibusan, Danielle Rose and many others.

Val will lead us in prayer the morning of the Pilgrimage and perform during a lunchtime concert, as well as during closing liturgy. Her music will be available for purchase.

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Pilgrimage 2012 Schedule of the Day

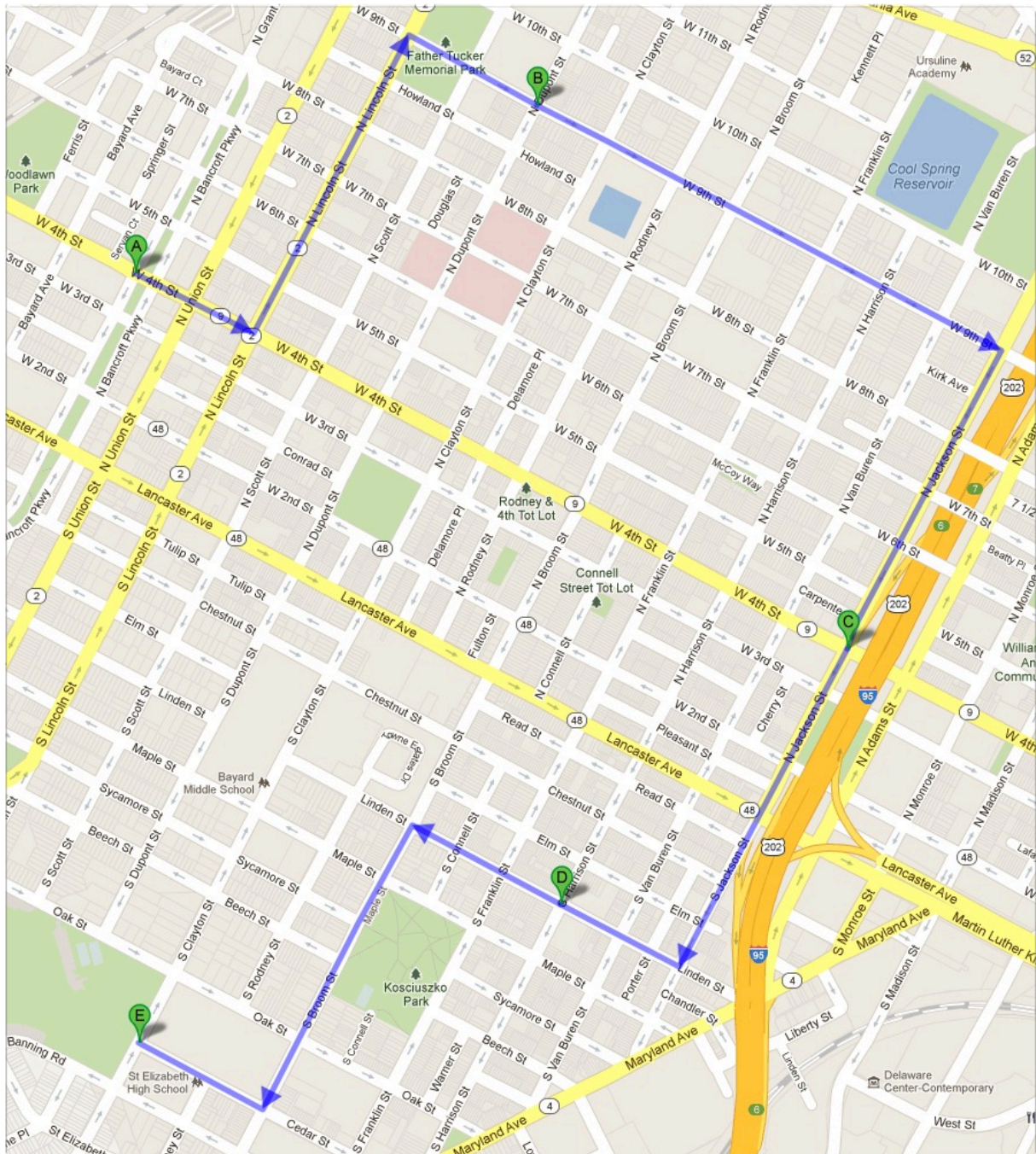
| Start Time | Programming |
|-------------------|---|
| 9:15 am | Shuttle service begins from Canby Park |
| 9:30 am | Registration at St. Thomas the Apostle Church, Wilmington Adult please pick up the packet for your group to distribute, then enter the church |
| 10:30 am | Opening Prayer |
| 10:50 am | Pilgrimage Departs |
| 11:30 am | Arrive at St. Anthony Assemble in Gym Vallimar Jansen (Prayer, Song, Reflection) Lunch (brown bag, brought by pilgrims - outside please!) Reconciliation (outside on plaza area) Service Project (deliver unworn children's shoes as you enter gym) Concert with Vallimar Clean up |
| 1:00 pm | Pilgrimage Continues |
| 1:45 pm | Arrive at St. Paul |
| 2:00 pm | Eucharistic Adoration Please enter in silence/Palms given out upon exit from St. Paul |
| 2:45 pm | Pilgrimage Continues |
| 3:05 pm | Arrive St. Hedwig |
| 3:15 pm | Stations of the Cross |
| 4:00 pm | Pilgrimage Continues |
| 4:45 pm | Arrive at St. Elizabeth |
| 5:00 pm | Blessing of Palms and Evening Liturgy |
| 6:15 pm | Event Ends |

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Pilgrimage 2012 Walking Route

The route will most likely change depending on traffic conditions and preference of the City of Wilmington Police who are on duty the day of the Pilgrimage.





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Pilgrimage 2012 Bulletin Announcement

Please consider placing this announcement in your Sunday bulletin or in your school's daily announcement, from now until the registration deadline for the Pilgrimage (or earlier if you need to set an earlier deadline for your parish or school).

Answer the Call of the Gospel: We Walk By Faith

Bishop Malooly invites youth and young adults from all parishes and schools to join him as we come together for the third annual Pilgrimage on Saturday, March 31, 2012. Young people from across the diocese will carry the diocesan pilgrimage cross through the streets of Wilmington with the bishop as a representation of Jesus' entry to Jerusalem and his journey on Good Friday to Calvary. Registration opens at 9:30 at St. Thomas the Apostle and the day concludes with liturgy at St. Elizabeth. Don't miss this great opportunity to wrap up your Lenten journey with hundreds of your peers. Cost for the day is \$15 (bring your own lunch). To register, please contact _____. For more information, visit www.cdowcym.org. Registration deadline is March 23, 2012.

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Pilgrimage 2012 Parking Information

Pilgrim Drop Off and Pick Up Information

Important Addresses to Know

St. Thomas the Apostle church - at the corner of Fourth Street and Bancroft Pkwy., Wilmington, DE 19805

St. Elizabeth church - Cedar and Clayton Sts., Wilmington, DE 19805

Canby Park, Oak Street, Wilmington, DE 19805.

In Case of Emergencies

So that you can easily reach someone during the Pilgrimage, parents are encouraged to request a contact number from parish youth ministry leaders before allowing their child to attend the event.

There is no parking at either St. Thomas the Apostle parish (the beginning of the pilgrimage) or at St. Elizabeth parish (where the pilgrimage ends). There is free parking at Canby Park, located on Oak Street (down the hill from St. Elizabeth). This allows all cars and buses to be at St. Elizabeth easy departure from the day's events.

Arriving by Car

Please drop off any participants and/or adults at St. Thomas the Apostle Church at the corner of Fourth Street and Bancroft Pkwy. The driver can then proceed to Canby Park (look for "Event Parking" signs) to park for the day.

Shuttles will run from the Canby Park lot from 9:15 am to 10:15 am. Two vans will operate so a shuttle should arrive and depart every 10-15 minutes.

There is no car parking at St. Thomas the Apostle Church the morning of the Pilgrimage, or at St. Elizabeth Church. All day parking will only be available at Canby Park.

Arriving by Bus

Please drop off your pilgrims at the corner of Fourth Street and Bancroft Pkwy in front of St. Thomas the Apostle church and pick up your pilgrims on Clayton Street at either 6:30 pm (following the closing liturgy). Look for directional signs and volunteers directing traffic. During the day buses can be parked at the Wilmington Riverfront near the Blue Rocks stadium or along Oak Street or S. Clayton Street in front of St. Elizabeth. There are no shuttles from the Riverfront. There are no shuttles from Canby Park between 10:30 am and 6:15 pm.

Form B - Parental Consent and General Liability Waiver

Diocese of Wilmington Parish/Diocesan Institution Trip/Event Consent and Release



My child (*please print full name*) _____ has my permission to attend the Take Up Your Cross Pilgrimage to be held at St. Thomas, St. Anthony, St. Paul, St. Hedwig, and St. Elizabeth churches and along adjoining streets on March 31, 2012 from 10:00 am to 6:30 pm (including activities).

I understand that the participants will travel via _____ to/from the event.

I hereby give my permission for my child to attend said event and I understand that my child will be chaperoned by responsible cleared adults. I understand that CYM, the Diocese of Wilmington and its staff are committed to providing fun, safe, educational experiences and that CYM events are conducted in smoke-, alcohol-, and drug-free environments. In light of this, and to help ensure the safety of all concerned, I understand that if my child is in possession of drugs, alcohol, or tobacco products, engages in illegal, immoral, or offensive behaviors, or refuses to follow the directions given by CYM staff or volunteers while participating in this activity, I will be contacted immediately to pick up my child. As parent/guardian, I understand that promotional pictures (individual and group) will be taken during this event. I give permission for my son's/daughter's picture to be used for promotional materials (newsletter, web page, calendars, power point, etc.) in highlighting the event.

By my signing this, I release CYM Staff, The Office for Catholic Youth Ministry, additional chaperons, and the Diocese of Wilmington from any and all liabilities and waive all claims against them. I also give my permission for the event coordinator and other qualified cleared adults to obtain proper medical treatment for my child should it become necessary.

Insurance Carrier/Policy Number _____

Insurance company address _____

Insurance company phone number _____

Prescription meds taken regularly* _____

Other medication taken regularly _____

Emergency Contact Name/Number _____

Electronic/mobile communication affords the CYM staff or event coordinators the best means of providing reminders and updates to participants. Please provide an email address and/or cell phone number for such communication purposes. Unless provided on Form A (Annual Consent and Release), providing information here limits its use to this particular activity or event.

E-mail address _____ Cell Number _____

If necessary, the group leader is permitted to administer the following OTC medications to my child:

- Advil Tylenol Motrin Aleve Halls (*cough drops*)
 Claritin/Zyrtec Benadryl Robitussin (*cough syrup*)
 Other (*please specify*) _____

Signature of Parent/Guardian: _____

Relationship to Participant: _____ **Date:** _____

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Scholarship Request

The staff of Catholic Youth Ministry tries hard to keep programming affordable. We know, given the economic climate of our country and our community, that some young people who would like to attend the Pilgrimage can not afford to do so.

Please complete the following information **before March 2, 2012**. After reviewing all requests, CYM staff will contact you to let you know if your request has been granted. You will use that information on when completing your registration form.

Scholarships are in the amount of \$15 each and do not include dinner or concert tickets.

Thank you for your request.

Parish/School Name

Person Making Request

Email Address

Phone Number

Total Number of Scholarships
Requested

Total Amount Requested
(\$15/request)

Please briefly describe the
circumstances surrounding the
need for scholarships.
This information will be held in confidence.



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Hoodies Order Form

To receive your official 2012 Pilgrimage sweatshirts in time, please order before **before March 15, 2012**. Orders placed after that date will be available on an individual basis by calling CYM at 302-658-3800. The sweatshirts are a grey hoodie with this year's theme in blue across the back. Hoodies are \$15 each and available in a limited supply. A check must accompany the order. Fax all orders to 302-658-7617 or email catholicyouth@cdow.org.

Thank you for your support.

| | |
|-----------------------|----------------------|
| Parish/School Name | <input type="text"/> |
| Person Making Request | <input type="text"/> |
| Email Address | <input type="text"/> |
| Phone Number | <input type="text"/> |

| | |
|-----------------------------------|----------------------|
| Total Number of Hoodies Purchased | <input type="text"/> |
| Total Amount Included | <input type="text"/> |

| | |
|----------------|----------------------|
| Adult Small | <input type="text"/> |
| Adult Medium | <input type="text"/> |
| Adult Large | <input type="text"/> |
| Adult X-Large | <input type="text"/> |
| Adult XX-Large | <input type="text"/> |



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Planning to Participate

Use this checklist to put together a group from your parish or school to attend this year's Pilgrimage. The list is not exhaustive.

- Place the bulletin announcement in your Sunday bulletin or in the daily announcements at school.
- Put the poster up around the parish or school where young people can see it. Request more posters if necessary.
- Recruit chaperones who are already cleared for service in the diocese.
- Arrange buses or auto transportation for your group.
- Set your own registration deadline.
- Encourage parish groups to volunteer their time at the Pilgrimage.
- Personally invite those you know might enjoy the event to attend.
- Invite your principal and pastor to attend with your group.
- See if anyone in your group who wants to attend needs financial assistance. If so, submit the Scholarship Request by March 2, 2012.
- Incorporate some of the resources in religious education classes in the weeks leading up to the Pilgrimage.
- Host the cross at your parish or school if you have not already done so.
- Choose six to eight people to carry the cross with Bishop Malooly.
- Be sure to meet the deadlines for registration, scholarship request, and substitutions.
 - Scholarship Request - March 2, 2012
 - Advance Order for Hoodies - March 15, 2012
 - Registration Deadline - March 23, 2012
 - Substitutions - March 28, 2012



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