

# 20 Ways to Encourage Your Kids to Use Drugs

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1. Never eat together as a family
2. Don't have family outings on a regular basis
3. Always talk *to* your children, never *with* them. And never listen
4. Punish your children in public, and never praise them or reinforce their positive behavior
5. Always solve their problems and make decisions for them
6. Leave the responsibility of teaching morality and spirituality exclusively to the Church or school
7. Never let your children experience cold, fatigue, adventure, injury, risk, challenge, failure, frustration, or discouragement
8. Threaten your children ("If you ever try drugs or alcohol, I'll throw you out")
9. Expect your children to always get A's in school in every subject
10. Always pick up after them and do not encourage them to accept responsibility
11. Discourage your children from talking about their feelings of anger, sadness, or fear
12. Be overprotective; don't teach your children the meaning of the word "consequence"
13. Make your children feel that every day mistakes are sinful
14. Put your children off when they ask "Why?" by telling them, "Because I said so"
15. Lead your children to believe that you are perfect and infallible...and so are they
16. Keep your home atmosphere in a constant state of chaos
17. Never tell your children how much you love them; never discuss your feeling with them at all
18. Never hug your kids or display affection for them or your spouse
19. Always expect the worst and never give your kids the benefit of the doubt
20. Never trust them

